



## Temporary Post-Op Instructions

### Care For Your Temporary

Avoid sticky, hard foods and if possible, chew on the opposite side of your mouth.

Avoid chewing gum.

It is important to brush normally.

Floss carefully- instead of pulling the floss back up or down between the teeth, release one end of the floss and pull it through.

Occasionally, a temporary may come off. Call us if this happens and bring the temporary with you so we can re-cement it.

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