



Irrigation Solutions

Irrigation Tips

Always use warm water and set irrigator to medium. Be sure to flush irrigator with warm water after every use. The oils and salts can damage the plastics if not flushed after each and every use.

Salt Water

Dissolve 1 tablespoon salt in 1 cup warm water and then add to irrigator.
Set the irrigator on MEDIUM.

Tooth & Gum Concentrate

Add 1/3 – 1/2 capful per 7 oz. of warm water in irrigator.
Set the irrigator on MEDIUM.

Grapefruit seed extract / nutribiotic

Add 12 drops to 1 cup of warm water.
Set the irrigator on MEDIUM.

For people who would like to also use a natural antibiotic in conjunction with irrigation, use Olive Leaf Extract. 1-2 500mg capsules daily for 30 days.

John P. Roeder, DMD
45 Darby Road
Paoli, PA 19301
(610) 647-7272